

Essence of Horsemanship Lecture Summary

July 10, 2-4 pm, 100 W. Trinity Rd., Glen Ellen, CA 95442



What is our relationship with horses in today's world?

How does interacting with horses improve our lives?

How does a horse function physically and mentally?

How do we best take care of them?



We will address these questions and more by taking a comprehensive look at traditional and contemporary horsemanship. We need to understand horses roles through history and what that means in our modern time. People's connection with horses has gone back thousands of years, and we will discuss some of the main aspects of this connection.

We need to understand the nature of horses in order take care of them and make them better suited to do what we ask of them. Horses are magnificent animals with highly developed mental and physical aptitudes. We will discuss the mental and physical well-being of horses in the context of their working with us.

There are more horses in the world today because horses enrich our lives. All of us need to practice and promote good horsemanship since that leads to developing a strong character based on integrity, patience, compassion, and clarity of purpose. We will discuss how to develop these characteristics through the practice of horsemanship.

Please join your fellow horsemen and women on July 10 to discuss these things and more along with additional questions or comments you might have.